



## **How You Can Make a Difference**

**Mission:** The mission of the Purchase Area Sexual Assault and Child Advocacy Center (PASAC) is to promote the health and wellbeing of our community by reducing the impact and prevalence of sexual violence.

In working towards our mission to reduce the impact and prevalence of sexual violence, PASAC relies on support from community members like you! One way you can support PASAC in our mission is by donating items we can use in our center.

We have made a list of items that we continually need. Your donations to PASAC are a huge help, because they allow us to invest funding into continual improvement of our programs and services for survivors of sexual violence.

### **Gas Cards for Client Assistance:**

PASAC's main office is located in Paducah with one satellite office in Murray. Gas cards are provided to clients with a financial need who must travel to receive services. Gas cards worth \$10 are accepted.

### **Client Snacks/Drinks:**

Many children come to the center directly from school and are hungry. Upon arrival to the center, they are offered snacks and drinks to help them focus during their therapy sessions. This is also very important to individuals who may be at the center for extended times during forensic services.

Items needed:

- Bottled waters
- Individual-sized fruit drinks (i.e. Capri Sun and juice boxes)
- Individually wrapped snacks (i.e. chips, peanut butter crackers, fruit snacks)

### **Expressive Arts Therapy Supplies:**

PASAC is proud to be home to the only Expressive Arts Therapy Center in the state of Kentucky that is dedicated for use by trauma survivors. Expressive therapies (such as play therapy, art, sand tray activities, and drama) offer ways for survivors to work through the impacts of sexual abuse and violence by providing a safe, non-intrusive way to express their emotions and thoughts.

Items needed:

- Paints (acrylics, finger paints, oils, watercolors, etc.)
- Paint brushes
- Canvases
- Drawing tablets, paint tablets, watercolor tablets, etc.
- Scrapbooking supplies (paper, stickers, etc.)
- Colored pencils, pens, markers, sharpies, crayons, etc.
- Frames (8x10, 12x12 sizes)

- Journals
- Puppets
- Quilting fabrics
- Colored threads and yarns
- Ribbons
- Sand tray figures (toy figures, seasonal figures, kids meal toys, etc.)

### **Hospital Bag Clothing:**

When an individual is a victim of sexual violence and visits the hospital for treatment, all of their clothing and shoes may be collected by law enforcement for evidence. Without alternate clothing, these victims would go home in a hospital gown. At each local emergency room, PASAC has provided a hospital bag which contains clothing and shoes for victims of all ages and sexes. Men's, women's, and children's clothing sizes small to 3XL are accepted.

Items needed:

- Cotton T-shirts
- Cotton shorts
- Sweatshirts
- Sweatpants
- Underclothes (underwear, sports bras, socks)
- Flip flops / slip on shoes

### **Court Package Materials:**

PASAC's advocacy department represents families from the time a survivor initially contacts PASAC through the sentencing phase of the legal process. Not all cases end with a trial, but for those that do, the court process can be uncomfortable and lengthy. To make our clients as comfortable as possible, PASAC provides a court package to those who have a trial and court appearances.

Items needed:

- Markers
- Crayons or color pencils
- Individual tissues
- Travel size hand sanitizer
- Mints
- Travel size hand lotion
- Small spiral notebooks
- Coloring books
- Word puzzle books/Sudoku books, etc.
- Sketch pads
- Small children's books
- Card games
- Games (for all ages)
- Stress balls
- DVDs (kids, teens, adults)
- Amazon gift-cards (to purchase movies online)
- Wal-Mart gift-cards (to purchase snacks requested by the child)

### **Parent Group Supplies:**

Sexual assault impacts caregivers and friends as well as the victims themselves. In an effort to provide healing to the parents of child victims, PASAC offers parent group therapy.

Items needed:

- 3 ring binders (white with clear pockets on front/back)
- Journals
- 3 ring binder dividers

### **Education Supplies:**

We believe providing education and promoting awareness in our community is very important. Our prevention education program provides free education programs for people of all ages to any school, church, or community group. We address topics such as sexual assault awareness, assertiveness vs. aggression, healthy relationships, effective communication skills, self-esteem and peer support.

Items needed:

- New, unsharpened pencils
- Copy paper
- Construction paper
- Cardstock
- Folders
- Crayons
- Erasers

### **Cleaning, Building, and Office Supplies:**

For everyday cleaning and upkeep of our center, we need the following items:

- Glass cleaner
- Dishwasher detergent
- Dish soap at sink
- Paper products (paper towels, toilet paper, Kleenex tissue)
- Garbage bags
- Disinfectant spray
- Multi-purpose cleaner / wipes
- Hand soap
- Swiffer wet and dry refills